



BEECHWORTH to BRIDGE 2020

A WALK FOR SUICIDE AWARENESS
#b2b2020 #walktalksupport

The details.

Walkers are responsible for their own welfare and should bring a pack with:

- snacks & 3 - 4 litres of water
- mobile phone
- raincoat or poncho
- hat & sunscreen
- personal & medical items

Transport:

Walkers are responsible for their own transport. This is a Point A to Point B walk, it is NOT a loop. B2B Inc. **will not** transport walkers back to the start line to retrieve vehicles or belongings.

You are responsible for your own transport arrangements. We suggest having a friend meet you at the finish line or leaving a vehicle at the finish line ahead of time.

Food & water:

Morning tea and lunch provided. BYO extras like trail mix, electrolyte drinks, or special dietary requirements. Walkers must bring a reasonable personal water supply - we suggest 2.5L per day.



Toilets:

Portable toilets available on the Game Traffic Ute at start, scheduled breaks, and finish.

First Aid:

A trained first aider will be available. The walk is not classified as hard, but it is long. We recommend quality, worn-in shoes and taping your feet to avoid blisters.

The B2B Bus:

The B2B Inc. "Hop on, hop off" support bus, generously provided by the Dyson Group is available to leap-frog fatigued walkers who need a break.

The B2B Bus travels from the start to the finish each day, stopping regularly to give fatigued walkers a short break before re-joining the walk.

The B2B bus does not return to the start at the end of the day to retrieve vehicles.

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Ambulance cover:

Make sure your ambulance cover is current.

Merchandise:

Get your hands on some B2B gear at the start line each day. Cash and EFTPOS available.

Final 5k for \$5

Join the B2B crew for the last stretch from Porepunkah to Bright on **Day 3**. Kids are welcome & free, adult registration essential.

Registered walkers should meet at Porepunkah - look for the B2B flags, between **1.30pm and 2pm**. Watch the B2B Facebook page for updates on the walk progress from Myrtleford.

When the B2B crew meet you at Porepunkah for the final 5, they will have already walked 70km over 3 days, so they might be a little slower than you, or even a little late, but let's finish together!

The Big Finish:

At the end of Day 3, the Bright SES Unit will mark the B2B 2020 finish at Centenary Park.

Walkers are encouraged to linger a while, celebrate fellow walkers completing the walk, chat to the SES volunteers, and hear from the B2B Inc committee before departing.

Walkers are expected to cross the Day 3 finish line between **3.30pm and 4pm**.



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B2B2020 Itinerary.

Start times firm. Meal breaks & finish times will vary with progress & weather. Follow B2B on Facebook for updates.

Day 1 Friday 27th March 2020
Beechworth to Everton 20km

8am - Arrive, meet the crew, get ready!

Murray to the Mountains Rail Trail.

Albert Road, Beechworth.

Opposite the Chinese Gardens.

8.30am SHARP Walk start.

10.15am - Morning tea under a tree.

12.30pm - Lunch @ Everton Station. 

2pm - Finish @ Everton Hotel 
2125 Great Alpine Road, Everton.

Day 2 Saturday 28th March 2020
Everton to Myrtleford 25km

8am - Arrive, meet the crew, get ready!

Everton Hotel

2125 Great Alpine Road, Everton

8.30am SHARP Walk Start.

10.15am - Morning tea under a tree.

12.30pm - Lunch @ Gapsted. 

2.30pm - Finish @ Myrtleford.
Murray to the Mountains Rail Trail
Corner of Queen & Rayner Streets, Myrtleford. 

Day 3 Sunday 29th March 2020
Myrtleford to Bright 28km

8am - Arrive, meet the crew, get ready!

Murray to the Mountains Rail Trail

Corner of Queen & Rayner Streets, Myrtleford. 

8.30am SHARP Walk start.

10.30am - Morning tea by a grapevine.

1pm - Lunch @ Porepunkah. 

Final 5k for \$5

Porepunkah to Bright final 5(ish)km

Times may vary - Follow B2B on Facebook for updates.

1.30-2.30pm - Arrive, meet the crew, get ready!

Murray to the Mountains Rail Trail

Riverside Park, Porepunkah. 

2.40pm - Walk start.



3.30 - 4pm - Finish @ Centenary Park, Bright.



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